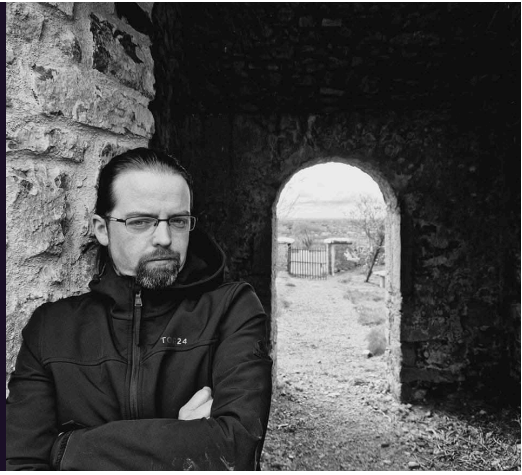
Soul-O Xperience press sheet

John Ambrose Martin

Irish writer, storyteller and musician, and host of Soul-O Xperience: The Podcast.

Soul-O Xperience is pronounced "Solo Experience".



About John

John Ambrose Martin is a writer, researcher, storyteller and musician based in Ireland. His interest in the past began with the local tales his grandfather told him, and since 2004 he has explored castles, gaols, abbeys and forgotten corners of Ireland and the UK, working alongside historians, museum staff, heritage groups and paranormal research teams.

Since 2022 he has written features and interviews for Spooky Isles, and he has been interviewed for features in the Irish Independent and the Sunday World. In October 2026 he launched Soul-O Xperience, telling history, folklore and travel through articles, photography, video and original songs, and he hosts Soul-O Xperience: The Podcast.

What John can talk about

- **Samhain and the Irish roots of Halloween**, and the customs still kept in Irish homes
- **Irish folklore**, from the Good People to the banshee and the púca
- **Ireland's old gaols and castles**, from Spike Island and Kilmainham to Loftus Hall
- **Edinburgh's Old Town legends**, its closes, vaults and resurrection men
- **History told through song**, and turning legends into original music
- **What a night inside a historic building is really like**

> *"One of the great privileges of my work is being given access to historic places after the doors are locked. I sit quietly in the silence and try to stand in the shoes of the people who lived there. What were their fears, their worries, their hopes? How cold were those nights? For a few quiet hours, it's the closest thing to time travel I know."*
>
> John Ambrose Martin

Quick facts

Based in
Ireland, available to travel

Exploring historic sites
Since 2004

Writing for Spooky Isles
Since 2022

Soul-O Xperience
Launched October 2026

Podcast
Soul-O Xperience: The Podcast, on Spotify

Places investigated include
Loftus Hall, Leap Castle, Spike Island, Cork City Gaol, Edinburgh's underground vaults and Greyfriars Kirkyard

Featured in

Irish Independent
Interviewed for a feature on Ireland's paranormal researchers

Sunday World
Interviewed for a feature on Ireland's most haunted places

Spooky Isles
Contributor since 2022

Conversations with

Chris McKinnell
Grandson of Ed and Lorraine Warren, first podcast guest

Dr Eamonn Ansbro
Irish astronomer and UAP researcher

Ciarán O'Keeffe
Parapsychologist, known from Most Haunted

Press and media

Interviews, comment on Irish folklore and heritage, features, radio and podcasts.

Podcasts, creators and teams

Guest spots, swap episodes, joint visits and creative projects.

Venues, tourism and brands

Location features, hosted visits and partnerships. Media kit on request.

souloxperience@gmail.com

souloxperience.com Facebook YouTube Instagram TikTok LinkedIn Podcast

Photos, bios and the full press page